



**LIMITED TIME ONLY**

**KITCHEN&CO**

**RESOLUTION FUSION**

Middle Eastern Beef Bowl with Creamy Hummus and Tzatziki  
\*591 mL Aquafina® Water (0 Cals)

**BOWL ONLY \$9.49**

INCLUDES A **FREE** AQUAFINA® WATER\*

\*These food products may contain or have come into contact with peanuts, tree nuts or other potential allergens. See allergen list. Aquafina®: PepsiCo, Inc. © 2018

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**BeWell+**

**NEW YEAR, NEW ME**

Spiced Chickpea Buddha Bowl with Sweet Potato, Brown Rice and Tahini Drizzle Rice  
\*591 mL Aquafina® Water (0 Cals)

**BOWL ONLY \$7.99**

INCLUDES A **FREE** AQUAFINA® WATER\*

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**WEEK of January 7th to January 11th**

**MONDAY**

- Breakfast Special
- Soup Emporium
- 2 Mato Pizza
- 2 Mato Pasta
- Kitchen & Co
- Kitchen & Co
- Fresh Grille

- Market Plate breakfast: Toast, 2 eggs anyway, bacon, and hash
- Beef Barley or Split Pea **MWG**
- Bambino's (Individual Pizza's made to order after 2 pm)
- Build Your Own Pasta with Protein and Vegetables
- Chicken Fiesta Bowl with Tomato Salsa/Guacamole/Cilantro
- Beef Bulgogi Bowl with Asian Glaze
- Chicken Quesadilla with Potato Wedge

**TUESDAY**

- Breakfast Special
- Soup Emporium
- 2 Mato Pizza
- 2 Mato Pasta
- Kitchen & Co
- Kitchen & Co
- Fresh Grille

- Breakfast Quesadilla served with Hash browns
- Chicken Noodle or Curried Apple Potato and Zucchini **MWG**
- Bambino's (Individual Pizza's made to order after 2 pm)
- Build Your Own Pasta with Protein and Vegetables
- Chicken Fiesta Bowl with Tomato Salsa/Guacamole/Cilantro
- Moroccan Chicken Bowl with Citrus Infused Couscous
- Chicken Caesar Wrap with Potato Wedge

**WEDNESDAY**

- Breakfast Special
- Soup Emporium
- 2 Mato Pizza
- 2 Mato Pasta
- Kitchen & Co
- Kitchen & Co
- Fresh Grille

- Ham and Cheese Omelet Served With Hash browns
- Creole Sausage **MWG** or Cream of Mushroom **MWG**
- Bambino's (Individual Pizza's made to order after 2 pm)
- Build Your Own Pasta with Protein and Vegetables
- Chicken Fiesta Bowl with Tomato Salsa/Guacamole/Cilantro
- Teriyaki Salmon Bowl with Infused 7 Grain Rice
- Clubhouse Sandwich served with Potato Wedge

**THURSDAY**

- Breakfast Special
- Soup Emporium
- 2 Mato Pizza
- 2 Mato Pasta
- Kitchen & Co
- Kitchen & Co
- Fresh Grille

- BLT Bagel with Hash browns
- Chicken and Rice **MWG** or Italian Tomato and Pepper **MWG**
- Bambino's (Individual Pizza's made to order after 2 pm)
- Build Your Own Pasta with Protein and Vegetables
- Chicken Fiesta Bowl with Tomato Salsa/Guacamole/Cilantro
- Middle Eastern Beef Bowl with Creamy Hummus and Tzatziki
- Cheddar Bacon Burger served with Potato Wedge

**FRIDAY**

- Breakfast Special
- Soup Emporium
- 2 Mato Pizza
- 2 Mato Pasta
- Kitchen & Co
- Kitchen & Co
- Fresh Grille

- Ham & Cheese Croissant
- Beef Vegetable **MWG** or Cream of Broccoli **MWG**
- Bambino's (Individual Pizza's made to order after 2 pm)
- Build Your Own Pasta with Protein and Vegetables
- Chicken Fiesta Bowl with Tomato Salsa/Guacamole/Cilantro
- Spiced Chickpea Buddha Bowl w/Sweet Potato and Brown Rice
- Beer Battered Haddock with Potato Wedge and Coleslaw

**All Sandwiches can be made with gluten free bread**

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**KITCHEN&CO**

**MY RESOLUTION STARTS NOW**

Beef Bulgogi Bowl with Asian-Soy Glaze  
\*591 mL Aquafina® Water (0 Cals)

**BOWL ONLY \$8.99**

INCLUDES A **FREE** AQUAFINA® WATER\*

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**KITCHEN&CO**

**VIVA LA RESOLUTION!**

Chicken Fiesta Bowl with Tomato Salsa, Guacamole and Cilantro  
\*591 mL Aquafina® Water (0 Cals)

**BOWL ONLY \$8.99**

INCLUDES A **FREE** AQUAFINA® WATER\*

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**KITCHEN&CO**

**RESOLUTION MADE EASY**

Moroccan Chicken Bowl with Citrus-Infused Couscous  
\*591 mL Aquafina® Water (0 Cals)

**BOWL ONLY \$8.49**

INCLUDES A **FREE** AQUAFINA® WATER\*

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**KITCHEN&CO**

**RESOLUTION SOLUTION**

Teriyaki Salmon Bowl with Green Tea-Infused Seven Grain Rice  
\*591 mL Aquafina® Water (0 Cals)

**BOWL ONLY \$9.49**

INCLUDES A **FREE** AQUAFINA® WATER\*

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