

**FEED YOURSELF WELL** **NOURISH YOUR BODY & FUEL YOUR MIND**

**Monday December 3<sup>rd</sup>**

**Soup-** Chicken Noodle or Potato and Leek  
Lasagna with Caesar Salad  
Quiche with Greek Salad

**Tuesday December 4<sup>th</sup>**

**Soup –** Corn & Black Bean or Chicken Noodle  
***Liberty Street***

**Wednesday December 5<sup>th</sup>**

**Soup –** Cream Of Mushroom or Minestrone  
***Liberty Street***

**Thursday December 6<sup>th</sup>**

**Soup –** Butternut Squash or Chicken Gumbo  
***Liberty Street***

**Friday December 7<sup>th</sup>**

**Soup –** Coconut Curry or Tomato Vegetable  
Battered Fish with Sweet Potato Fries and Cole  
slaw  
Turkey & Eggplant Moussaka with Garden Salad

**Always available to Grilled Chicken Breast to Pair  
With One of Our Entrée Options**

**SMART SNACKING IT'S ONLY NATURAL** **KEEP IT FRESH**