


Menu for Jan 14-18, 2018

Weekly Specials:

Monday:

Soup Emporium: **Split Pea with Ham Soup** and **Tomato Masala Lentil Soup** 

Culinary Table: **Macaroni & Beef with side Salad** 

Hoisin Baked Tofu with Bok Choy & Brown Rice 

Tuesday:

Soup Emporium: **Chicken Coconut Curry Flavour Soup** and **Garden Vegetable Soup** 


Culinary Table: **Moroccan Chicken Tagine Bowl Special**

Teriyaki Mushrooms with Savoury Fried Rice 

Wednesday:


Soup Emporium: **Italian Wedding Soup** and **Vegetarian Minestrone Soup** 

Culinary Table: **Moroccan Chicken Tagine Bowl Special**

Butter Tofu over Basmati Rice 


Thursday:

Soup Emporium: **Classic Chicken Noodle Soup** and **Roasted Garlic Tomato Soup** 


Culinary Table: **Beef Stew with Rice & Garden Salad** 

Spiced Chickpea Buddha Bowl Special

Friday:

Soup Emporium: **Clam Chowder Soup** and **Southwest Roasted Corn Soup** 

Culinary Table: **Salmon Burger & Garden Salad** 

Vegetarian Burger & Garden Salad 

Blue indicated Balanced Choice healthy item,  **Green** indicated Vegetarian Choice

