

DECEMBER 2017

chartwells
where hungry minds gather

Eurest

morrison
healthcare

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



**FESTIVE
BREAK BOX**

Available all month in OTG Fridge!

1



**MORNING:
2 x Larabars**

4



**AFTERNOON:
BOGO Frito
Chips \$1**

5

6

Snacks available all month!

7

8



FESTIVE FUSION

11



FESTIVE FUSION

12

13



FESTIVE FUSION

14

15



FESTIVE FUSION

18



FESTIVE FUSION

19

20



FESTIVE FUSION

21

22



**SEASON
GREETINGS**

25

26

27

28



**SUPERFOOD:
Sweet Potato**

29

JANUARY 2018

chartwells
where hungry minds gather

Eurest

morrison
healthcare

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1



GREAT START
GREENS &
GRAIN SALAD

2

Available all month in OTG Fridge!

3

4

5



WHOLE BOWLS

8



WHOLE BOWLS

9

10



WHOLE BOWLS

11

12



WHOLE BOWLS

15

16



WHOLE BOWLS

17



WHOLE BOWLS

18

19



WHOLE BOWLS

22

23



WHOLE BOWLS

24



WHOLE BOWLS

25

26

Snacks available all month!

29

30

31



MORNING:
2 x Gatorades/
Vitaminwaters



AFTERNOON:
2 x Nestle
Chocolate Bars



SUPERFOOD:
Whole Grains

FEBRUARY 2018

chartwells
where hungry minds gather

Eurest

morrison
healthcare

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



**BANH-MI
CHICKEN SALAD**

Available all month in OTG Fridge!

1

2

5



ASIAN FUSION

6



ASIAN FUSION

7



ASIAN FUSION

8

9

12



ASIAN FUSION

13



ASIAN FUSION

14



ASIAN FUSION

15

16

19



ASIAN FUSION

20



ASIAN FUSION

21



ASIAN FUSION

22

23

Available all month!

26

27

28



MORNING:
2 x Rockstar/
Monster/Red Bull



AFTERNOON:
BOGO Pringles
Mini \$1



SUPERFOOD:
Cruciferous Vegetables