

# Weekly Menu

**Eagle Ridge Café** September 7 - 11, 2020

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## Monday

Morning Editions  
Soup Emporium

Culinary Table  
Culinary Table

CLOSED FOR LABOUR DAY

Sandwich Central


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## Tuesday

Morning Editions  
Soup Emporium

Breakfast Bagel  
Chef's Choice

Culinary Table  
Culinary Table

Macaroni & Cheese w/ Salad 

Sandwich Central Low Fat Chicken Wrap

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## Wednesday

Morning Editions  
Soup Emporium

Breakfast Muffin  
Chef's Choice

Culinary Table  
Culinary Table

Chicken Pot Pie w/ Salad

Sandwich Table Low Fat Chicken Wrap

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## Thursday

Morning Editions  
Soup Emporium

Breakfast Special  
Chef's Choice

Culinary Table  
Culinary Table

Ginger Beef w/ Rice & Salad

Sandwich Central Low Fat Chicken Wrap

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## Friday

Morning Editions  
Soup Emporium

Breakfast Sandwich w/ Ham  
Chef's Choice

Culinary Table  
Culinary Table

Grilled BBQ Ham & Cheddar Sandwich w/ Chips or Salad

Sandwich Central Low Fat Chicken Wrap



Healthy Choice



Vegetarian Choice

