break | SNACK PLATTERS

Deluxe Sliced Fruit Platter
 Sm serves 10-15 42.99 | Lg serves 20-25 62.99
 A mouthwatering assortment of melons, strawberries, pineapple, grapes and kiwi served with a yogurt dip.

Vegetable Dip Platter
 Sm serves 10-15 32.99 | Lg serves 20-25 49.99
 A selection of crisp bite-sized vegetables served with our savoury ranch dip.

Classic Cheese Platter
Sm serves 10-15 59.99 | Lg serves 20-25 89.99
A fine selection of Canadian and imported cheeses.
Accompanied by an assortment of crackers and fresh fruit.

Flatbreads with Dips
 A variety of delicious spreads including hummus and tzatziki.
 Served with grilled flatbreads and pita.

Mexican Dip Platter serves 10-15 34.99
 Tortilla chips served with tangy salsa, sour cream and guacamole.

serves 10-15 59.99





appetizers | HORS D'OEUVRES

Mediterranean Antipasto

A savoury array of roasted vegetables, olives, artichokes, salami, provolone and crumbled feta cheese. Served with grilled pita.

Hot Appetizers 19.99/dozen
Minimum 2 dozen of one selection per order

- Vegetarian Samosas
- Spanakopita
- Vegetarian Spring Rolls
 Pork and scallions Pot Stickers with citrus soy

Skewers

Sweet and Spicy Shrimp Skewers

Tikka Masala Chicken Skewers

39.99/dozen

serves 10-15 64.99

SUSHI

A wide variety of your favourites with traditional garnishes. Please ask our catering manager for today's fresh selection.

Sm serves 5-10 | Med serves 20-25 | Lg serves 30-40 Market prices quoted daily.



afternoon | SNACKS AND DESSERTS

Deluxe Dessert Platter serves 10-15 34.99
An assortment of freshly baked cookies, chocolate brownies, dessert bars and squares.

Gourmet Cookies 30 cookies per tray
A platter of freshly baked cookies including
chocolate chunk, triple chocolate, white
chocolate macadamia and oatmeal raisin.

Cupcake Sampler 21.99/dozen
Minimum order 1 dozen
Break the afternoon fatigue with delicious
chocolate or vanilla cupcakes.



BEVERAGES

Coffee, regular	12.99 per pot	Soft Drinks 355ml can	1.49
or decaffinated		Bottled Water 500ml	1.59
Tea, regular or herbal Enjoy our custom roasted coffee or your choice of assorted teas. Includes cups, stir sticks, milk, cream, supar and sweetener		Perrier Mineral Water 330ml	2.29
		Juices 450ml to 591ml	1.99
		Tropicana Orange Juice 355ml	2.49

Catering... made easy!

ORDERING INFORMATION

We request 48 hours notice for orders, to ensure product quality and selection. Cancellation Policy: 24 hours or subject to a surcharge.

We deliver right to your room and provide expert set up of your food service.

We are pleased to provide prompt in-room clean up and removal of left-over food 2 hours after your service!

All catering orders will be billed and require payment within 30 days. Credit card orders will be processed on the day of the event but will be pre-authorized once an order is placed.

Minimum orders may apply to certain items.

Catering orders come with disposable plates, cups, knives, forks, spoons, napkins and serving utensils. China service is available on request for an additional charge.

Call us to place your order

Arif Bengi

Food Service Director 416.747.3400 ext 32098

Etobicoke General Hospital

arif.bengi@compass-canada.com



pressions Catering is operated by Compass Group Canada Ltd. 5560 Explorer Drive, Suite 102, Mississauga, ON L4W 5M3 905 568 4636 | Toll Free 1 800 465 2203

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Catering... made easy!

continental | BREAKFAST

All breakfasts served with butter, jams and jellies, a variety of chilled fruit juices and freshly brewed coffee and tea.



Continental Breakfast 8.99 per person Selection of freshly baked danish, muffins, croissants and cinnamon buns. Includes fresh fruit kabobs.

Breakfast Bagel Platter 8.99 per person An assortment of bagels served with

cream cheese. Includes fresh fruit kabobs. Smoked salmon add \$4 per person.

8.99 per person Same great continental pastry favourites in bite sized varieties.

Includes fresh fruit kabobs

Our Deluxe Fruit Platter is a Perfect Addition

hot | BREAKFAST

12.99 per person The Day Starter The classic breakfast! Scrambled eggs, hashbrowns,

crispy bacon and sausage accompanied by croissants.

Breakfast Sandwiches **Bagels & Wraps**

An assortment of hot sandwiches on an English muffin, bagel or wrap with egg and cheese and your choice of sausage, ham or bacon, Choose from: Mexican Breakfast Wrap

Breakfast Burrito Ham & Egg Sunrise Bacon & Egg Sunrise Sausage & Egg Sunrise



ADD TO ANY ORDER

 Homemade Mixed Berry **Yogurt Parfait** 2.99 each

8.99 per person

Fresh Fruit Kahoh with Yogurt Dip



SANDWICH | selections

Classic Sandwich Platter

Made on your choice of freshly baked breads or wraps, stuffed with meats and fillings with traditional garnishes. Choose from: Turkey Breast with Cranberry Aioli

Black Forest Ham and Swiss cheese Tuna Salad

California Chicken Salad

Roast Beef with Horseradish Butter Egg Salad

Fresh Veggies with Cream Cheese

Served with your choice of two salads, fresh baked cookies and a variety of soft drinks.

Gourmet Sandwich Platter

13.99 per perso

Our assortment of gourmet sandwiches is made on freshly baked artisan breads, wraps and rolls. Choose from: Southwest Chicken Club

Black Pepper Striploin Steak Montreal Smoked Meat

Tuscan Grilled Chicken Breast with Goat Cheese Tuna Salad with Tarragon & Apple

(Vegan) . Grilled Vegetable with Hummus

Brie with Roasted Peppers and Mango Chutney

Served with your choice of two salads, an assortment of freshly baked cookies and a variety of soft drinks.

BOXED | lunches

Classic Sandwich 10.99 each Gourmet Sandwich 12.99 each

Great for those small or informal meetings. Any Classic or Gourmet sandwich or wrap, a bottle of water, a piece of fruit, veggie sticks with dip and a freshly baked gourme cookie Individually packaged



With any sandwich platter, add your choice of two freshly made salads

Classic Caesar Salad

Crisp romaine lettuce, parmesan cheese, real crumbled bacon and croutons tossed with our creamy caesar dressing.

Market Greens Salad

Fresh greens, radish, tomato, cucumber and your choice of dressing.

Baby Spinach and

Sweet Mandarin Orange Salad

Baby spinach leaves tossed with sweet mandarin orange sections, mushrooms, toasted almonds and crispy noodles with balsamic vinaigrette

Feta cheese, black olives, tomato, cucumber and red onions mixed with crispy romaine and iceberg lettuce with our gourmet Greek dressing.

Fusilli pasta tossed with broccoli florets, sundried tomatoes and peppers with our basil pesto dressing.

Mediterranean Quinoa Salad

Quinoa with roasted red peppers, dried apricots and lentils tossed in a savoury balsamic dressing with a touch of honey.





24 hour notice

PASTA

All pasta dishes served with Caesar or Market Greens salad and garlic bread.



An all-time favourite. Choose from: Meat Lasagna

Vegetable Lasagna

9.99 per person Cheese-filled pasta smothered in chicken mushroom

alfredo sauce or lightly herbed tomato sauce.

Penne or Rotini Primavera 9.99 per person

Your choice in our creamy alfredo sauce or lightly herbed tomato sauce with a julienne of carrots. peppers, sliced mushrooms and broccoli florets.

Chicken Parmesan Chicken breast fillet baked with mozzarella and

served with penne al pomodoro

STIR FRY | and more!

All stir fries AND MORE! are served with your choice of Caesar or Market Greens salad

Chicken OR Shrimn with Vegetables Stir Fry

Delicious mix of chicken OR shrimp

with a variety of garden fresh vegetables, with rice or noodles

12.99 per person Authentic jerk spiced chicken breasts

served with rice and peas

Terivaki OR Honey Garlic Chicken 12.99 per person OR Salmon

Your choice of chicken breast or salmon filet in our traditional Teriyaki or Honey Garlic

Boneless chicken tikka simmered

in a creamy tomato sauce.

9.99 per person

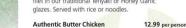
11.99 per person

12.99 per person

Balanced Choices[®]

May contain dairy,

eggs or cheese



Served with basmati rice.



